GUIDELINES FOR REFERRALS TO CHILD & YOUTH MENTAL HEALTH SERVICES
If You Are Concerned About the Behaviour of Someone or Their Mental Health You Should Speak To Your GP
Or Phone The Emergency Department of UHW Tel: (051) 848 000
Directory of Services in Waterford - www.waterfordcypsc.ie

SERVICE

CHILD & ADOLESCENT COUNSELLING SERVICES

COUNSELLING PROVIDES A SAFE SPACE TO EXPLORE ISSUES AND PROVIDE SUPPORT WITH: Feelings It Emotions; Education It Expectations; Relationships It Sexuality; Minds Anxiety, Anger or Depression; Bereavement Loss Family or Parent; Family Separation or Divorce; Worries It Concerns; Substance Abuse Self or Parental;

Following GP consultation the counselling services also provide support with:

- Eating Distress Body Issues
- Self Harm Suicidal Ideation

Child & Youth Counselling Services also support parents and carers.

ST. BRIDGIE’S FAMILY & COMMUNITY CENTRE - FOR CHILDREN UP TO 11 YEARS

Play Therapy available two ways: referral via social worker, OR if one or both parents are attending relationship counselling at the centre for a period of time.

ST. BRIDGIE’S FAMILY & COMMUNITY CENTRE - FOR CHILDREN YOUNG PEOPLE 11-18 YEARS

Parental referral by phone or drop in.

Young people 16+ can self refer.

Parental Consent form available at centre.

COST: Sliding Scale fee structure in place (€5-20).

Adult counselling is also available. The same fee structure applies.

CONTACT DETAILS

ST. BRIDGIE’S FAMILY AND COMMUNITY CENTRE

Lower Yellow Rd, Waterford.

Centre opening hours:

9.00am-12pm Mon-Thur and 5pm Fri.

Tel: 051-375261

NATIONAL EDUCATIONAL PSYCHOLOGICAL SERVICE (N.E.P.S.)

SERVICES PROVIDED INCLUDE:

- N.E.P.S. offers Consultation, Support and Advice for teachers, school staff, parents and clients in relation to Educational Development, Social, Emotional and Behavioural difficulties which impact a pupil’s learning and socialisation process in school.

- N.E.P.S. college service.

- N.E.P.S. early intervention service (aged 2-5 years).

- N.E.P.S. school consultancy.

- N.E.P.S. school liaison service.

- N.E.P.S. school, college and community liaison service.

- N.E.P.S. school, college and community consultancy.

- N.E.P.S. psychology service.

- N.E.P.S. research.

- N.E.P.S. training.

- N.E.P.S. support service for teachers.

- N.E.P.S. guidance service.

- N.E.P.S. school management.

- N.E.P.S. school, college and community liaison service.

- N.E.P.S. school, college and community consultancy.

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August 2019